



Domani Healing Studios

A Division of Breathe Thermae, Inc.

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The core Energy Medicine principles and applied experience gained from owning and operating Domain Healing Studios (2013 – 2017) were integrated into the formation of Breathe Thermae, Inc. Our primary focus is monitoring of the mind – body connection and the movement of energy through the body, mind & spirit. Breathe Thermae utilizes novel Energy Medicine applications and kinesthetic Ener-Chi© modalities traditionally used in eastern medicine and adapted them to comply with the allopathic principles of Western Medicine.

Founder, Frank Lewandowski, spent over 30 years in the pharmaceutical, biotechnology and drug discovery research industries working on drug targets to identify first-in-class drugs to address unmet medical needs. From studying target after target in Cardiovascular, CNS, Pain, and Oncology research, he gained in-depth knowledge of the pathology and physiology of disease within all seven therapeutic areas. He observed the subtle nuances of new molecular entities and how each effected the body including their interactions between biological, chemical, molecular and structural systems in the body targeted to treat

disease. His formal training in massage and physical therapies gave him even more of an understanding of the body's anatomy and mechanics from optimal kinesthetic movement to muscular abnormalities and the impact of injury and disease and how they influence or restrict movement and impair one's quality of life. He studied the most advanced and innovative technologies and therapies available to improve the day to day lives of people or animals seeking healthy, balanced, and/or complete wellness.

His practice has moved from the East to West Coast where he has established his roots in the Palm Springs, California community as a valuable resource for those seeking advanced therapies that work on the bodies core and energetic systems to promote healing.

He has integrated each of the following available Kinesthetic Ener-Chi© modalities into a personalized treatment program designed around a client's healthcare issues and concerns working hand-in-hand with their healthcare providers to maximize their wellbeing and assist with promoting the healing of soft tissue dysfunctions and abnormalities brought on by disease, age, injury, daily use and/or stress.

For more information or to schedule an appointment, contact frank@breathethermae.com. Our primary focus is to present comprehensive tools and therapies that promote complete wellness to the body, mind, and spirit.

KINESTHETIC Ener-Chi© MODALITIES

Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by "laying on hands" and is based on the idea that an unseen "life force energy" flows through us and is what causes us to be alive. If one's "life force energy" is low, then we are more likely to get sick or feel stress, and if it is high, we are more capable of being happy and healthy.

The word Reiki is made of two Japanese words - Rei which means "God's Wisdom or the Higher Power" and Ki which is "life force energy". So Reiki is actually "spiritually guided life force energy."

A treatment feels like a wonderful glowing radiance that flows through and around you. Reiki treats the whole person including body, emotions, mind and spirit creating many beneficial effects that include relaxation and feelings of peace, security and wellbeing. Many have reported miraculous results. It has been effective in helping virtually every known illness and malady and always creates a beneficial effect. It also works in conjunction with all other medical or therapeutic techniques to relieve side effects and promote recovery.

<http://www.reiki.org/faq/HistoryOfReiki.html#usui>

Kinesthetic Therapy applies pressure using the hands, fingers, and sometimes tools to simulate the traditional treatment of acupuncture. It helps increase blood circulation and can assist in many health issues from headaches to constipation, symptoms of PMS and overall stress and tension. Kinesthetic Therapy is designed to treat and reduce myofascial pain using compression to reduce swelling, tension, stiffness to improve range of motion and flexibility.

Craniosacral Therapy applies manipulation to the craniosacral system including in some cases the mouth and face. Manipulation is applied to the skull and can affect the fluid that surrounds the brain, into the spinal cord and down the sacrum. Light pressure can activate the natural healing of the body by encouraging movement of the fluid throughout the system to remove restriction and improve energy throughout the nervous system.

Myofascial Release treats the fascial system using gentle pressure. It is used for trauma as well as areas with restricted motion or fascial damaged areas. It works well to reduce pain and discomfort from back pain, TMJ, restricted motion, fibromyalgia and other conditions as required. Works well with equestrians.

Pricing & Packages

Introductory Offer

2 Treatments (50 minutes each) **\$150.00**

Single Treatments

\$85.00 - 50 minutes

\$45.00 - 25 minutes

If you book your second treatment during the first session, pricing is 50% off the following visit.

Gift or Bundle Packages

4 Treatments (50 minutes each or any combination of equivalent time) **\$300.00** one-time initial payment and save \$10 per session.

6 Treatments (50 minutes each or any combination of equivalent time) **\$425.00** one-time initial payment and a savings of \$85.